

## ★ Incentives and Rewards ★

★ **Tasty Bites**—Serve samples of new foods being offered in the cafeteria. Let students vote on samples to see which foods stay and which foods go!

★ **Stickers**—Younger children still love stickers. Find some really fun ones, the bigger the better! They are especially good for wearing!

★ **Giveaways**—During National Nutrition Month, have one day a week be a “giveaway” day. All students participating in school lunch on that day is entered into a drawing for T-shirts, water bottles, fanny packs, and magnets.

★ **Books and Bookmarks**—Think about tying in with other school events—such as reading. Prizes such as books or bookmarks will reinforce another education message: reading is important. And it will connect school foodservice with education!

★ **Contests**—Have a contest between grades to see which grade can have the most students participating in school lunch during a given month.

★ **Handouts**—Offer students word searches, crossword puzzles, and other fun games related to nutrition and school lunch on a weekly basis. Have handouts available in the cafeteria, as well as, in the classroom.

★ **School Menus**—Ask students to create pictures about nutrition and the school lunch program. Pick the best pictures and incorporate them into the school lunch menu. Include the artist's names and grades.

★ **Cookbooks**—Have every student bring in his or her favorite recipe. Pick a few from each grade and make a school cookbook. Distribute copies to students.

★ **Lucky Tray Day**—Randomly select trays and place a sticker on the bottom. The students who receive a tray with a sticker on the bottom receive a prize.